



My Life My Way

30 session course for people with learning difficulties

Starts 18th January 2018



Do you want to –

- Speak for yourself?
- Decide how you want to live?
- Make friends?
- Live a full life?

This is a 30 session course for people with learning difficulties in Leeds.

You will find out about –



- Having your say
- How government works
- Options for housing and support
- Having a good life and staying safe



The course will run on Thursdays starting on 18th January. We will choose a time to suit as many people as possible.

There are only 10 places so please book soon. If you would like to come fill out the form on the other side and send it back to us.



I want to come on My Life My Way because

.....



Name

.....



Phone

.....



Address

.....

.....

Postcode

.....

Email



.....



I could come (tick ✓ or answer below)

10.30→12.30

11.00→2.30

1.00→3.00

(bring your own lunch)



A better time for me would be

.....

Return to –

Connect in the North, Bridge House, Balm Road LEEDS LS10 2TP

Email cathy@citn.org.uk

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