



My Life My Way

30 session course for people with learning difficulties

Starts 12th April 2018

11.00 AM → 2.00 PM



Do you want to –

- Speak for yourself?
- Decide how you want to live?
- Make friends?
- Live a full life?

This is a 30 session course for people with learning difficulties in Leeds.

You will find out about –

- Having your say
- How government works
- Options for housing and support
- Having a good life and staying safe






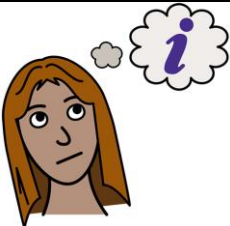


The course will run on Thursdays starting on 12th April. You must be able to come to the first session. You will need to bring your own lunch.

There are only 10 places so please book soon. If you would like to come fill out the form on the other side and send it back to us.

This form will be kept until you have left the course. Then it will be destroyed



I want to come on My Life My Way		
 Name	 Phone
 Address Postcode	
Email 	
	I will be bringing someone to support me. Supporters will only be allowed in the first session, but they can wait in our coffee room so they will never be far away.	
	Do you have any particular needs you want us to know about?	

Return to –
 Connect in the North, Bridge House, Balm Road LEEDS LS10 2TP

☎ 0113 270 3233 email cathy@citn.org.uk

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